

# What if I...?

## - DEFINE -

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

## - PREVENT -

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

## - REPAIR -

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

What might be the benefits of  
an attempt or partial success?

# The Cost of Inaction

(EMOTIONALLY, PHYSICALLY, FINANCIALLY, ETC.)

- 6 MONTHS -

- 1 YEAR -

- 3 YEARS -